CCBC LIBRARY
APA Style Guide

This guide was created to help you format your research paper and organize your sources following the rules recommended by the American Psychological Association (APA). Examples for citing the most common types of sources follow. This is not an exhaustive list, and for additional examples or information, you should go directly to the source:

American Psychological Association. (2010). *Publication Manual of the American Psychological Association* (6th Ed). Washington, DC: Author.
R 808.0661 P96 (Circulating copies under the same call number (minus the letter R) are located in the non-fiction area of the library.)

**If your instructor's directions differ from these, please follow instructor's directions.*

DOCUMENT FORMAT

- 1 inch margins
- Double-spaced
- 12 pt Times News Roman font or another "serif" type font
- Page headers, separated from page number by five spaces

Obesity in Children 1

Can Medication Cure Obesity in Children?
A Review of the Literature

Luisa Moreno
Psychology 101
Professor O'Hara
March 2, 2009

TITLE PAGE

- Insert page header: abbreviated title of the paper up to 50 characters, then 5 spaces, then page number, right aligned.
- Full title of paper, centered horizontally and vertically on page
- Your name, course, instructor's name, current date

BODY OF DOCUMENT

- Second page should contain Abstract, if required by instructor.
- Style should be orderly, concise, try to use scientific terms, use bias-free language
- In-text citations:
  - Inside parentheses, authors' last names followed by a comma and year of publication. E.g.: *(Whittier, 2004)*; *(Earl & Whitter, 2004)*; *(Smith, Rapp, & Kurs, 1997)*; *(Smith et al., 1997)* if six or more authors. If no author is present, cite title in quotations in parentheses, followed by year.
  - When using direct quotations from the source, page number should be included in parentheses. E.g., (Berkowitz, 2003, p. 1808).
  - To cite a work that you did not read but that appears in a textbook or other secondary source, use the following format: "*Allport's diary (as cited in Nicholson, 2003)*" and list the secondary source in References.

Obesity in Children 6

References

Berkowitz, R. I., Wadden, T. A., Tershakovec, A. M., & Cronquist, J. L. (2003). Behavior therapy and sibutramine for the treatment of adolescent obesity *Journal of the American Medical Association, 289*, 1805-1812.

Duenwald, M. (2004, January 6). Slim pickins: Looking beyond ephedra. *New York Times*, p. F1. Retrieved from ProQuest Newspapers.

Henry J. Keiser Family Foundation. (2004, February). *The role of media in childhood obesity*. Retrieved from http://www.kff.org/entmedia/upload/The-Role-Of-Media-in-Childhood-Obesity.pdf

Holliday, R. E., & Hayes, B. K. (2000). Dissociating automatic and intentional processes in children's eyewitness memory. *Journal of Experimental Child Psychology, 75*(1), 1-42. doi:10.1006/jecp.1999.2521

REFERENCES

- Listed on a separate page.
- Type "References" on first line, centered.
- Cited references in your paper should appear on your References page AND anything cited on the References page should be in your paper.
- List references in alphabetical order
- First line is left justified, hanging indent (5 spaces) for following lines within reference
- When listing authors use "&" not "and"
- Capitalize only first letter of article title and after a colon, if present
- Use "p" or "pp." before page numbers for newpaper articles and book chapters, but NOT for magazine or journal articles.

1. BOOK FORMAT

Sosa, C. A., & Maley, D. D. (2002). *Psychological theories*. Newbury Park, CA: Sage.

Charr, J. S., & Young, L. N. (Eds.). (1988). *Child psychology.* New York: McGraw-Hill.

2. JOURNAL ARTICLE

All authors' names should be listed; if more than seven, use "…" before the last name. Format journal title and vol. number in italics; issue numbers are not required.

Trampe, D., Stapel, D. A., & Siero, F. W. (2007). On models and vases: Body dissatisfaction and proneness to social comparison effects. *Journal of Personality and Social Psychology, 92*, 106-118.

Gilbert, D. G., McClernon, J. F., Rabinovich, N. E., Sugai C., Plath, L. C., Asgaard, G., … Botros, N. (2004). Effects of quitting smoking on EEG activation and attention. *Nicotine and Tobacco Research*, *6*, 249-267.

3. CHAPTER OR ARTICLE REPRINTED IN AN EDITED BOOK OR CITED IN A TEXTBOOK

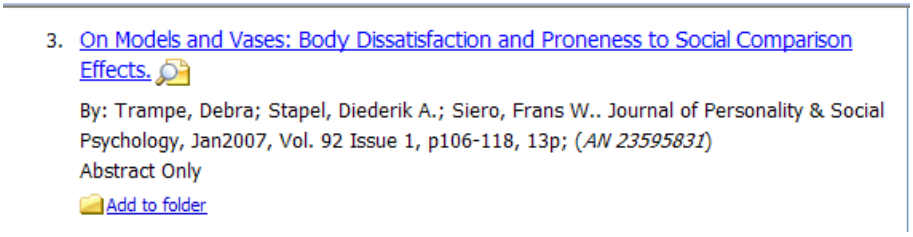
Luban, D. (2000). The ethics of wrongful obedience. In D. L. Rhode (Ed.), *Ethics in practice: Lawyers' roles, responsibilities, and regulation* (pp. 94-120). New York: Oxford University Press.

4. ARTICLE FROM ONLINE DATABASE

To cite an article from a library's subscription database, include the publication information from the source.
If the article has a DOI (digital object identifier), add that number at the end, but not a period. Do not include retrieval date.
Note that journal title and volume number are italicized.

Holliday, R. E., & Hayes, B. K. (2000). Dissociating automatic and intentional processes in children's eyewitness memory. *Journal of Experimental Child Psychology, 75*(1), 1-42. doi:10.1006/jecp.1999.2521

If there is no DOI, include the name of the database and the document number assigned by the database, if any. The article below, located through EbscoHost's Academic Search Elite, should be cited as follows:


3. On Models and Vases: Body Dissatisfaction and Proneness to Social Comparison Effects.

By: Trampe, Debra; Stapel, Diederik A.; Siero, Frans W.. Journal of Personality & Social Psychology, Jan2007, Vol. 92 Issue 1, p106-118, 13p; (*AN 23595831*)

Abstract Only

Add to folder

Trampe, D., Stapel, D. A., & Siero, F. W. (2007). On models and vases: Body dissatisfaction and proneness to social comparison effects. *Journal of Personality and Social Psychology, 92*, 106-118. Retrieved from Academic Search Elite database (23595831).

5. WORLD WIDE WEB PAGE

Retrieval date is no longer required; do not add a period at the end of the URLs.

The William Faulkner Society. Ed. John T. Matthews. (2006, June 23). *William Faulkner Soc*. Retrieved from http://www.olemiss.edu/depts/english/faulkner/

United States. Dept. of Health and Human Services. Child Welfare Information Gateway. *Intercountry Adoption*. (2007, 23 Aug.). Retrieved from http://www.childwelfare.gov/adoption/types/intercountry/process.cfm

Additional examples of APA Style citations can be found on the CCBC Library Web page <www.ccbc.edu/lib/>, under "APA Style", or on the Online Writing Lab at Purdue University Web site <*http://owl.english.purdue.edu/owl/resource/664/01/*>.
If you have any questions, do not hesitate to see the librarian for assistance.